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Obtain Release or Exchange of Information

I hereby authorize Lu Moss Nelson, Ph.D. to () obtain () release or () exchange records and/or oral information concerning:

- () all records
- () medical treatment, ___ outpatient, ___ inpatient
- () psychotherapy, ___ outpatient, ___ inpatient
- () family counseling
- () school records
- () other _____

Client Name _____

Date of Birth _____

Date authorized _____

Signature _____ date _____

I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions.